

Standard Chartered Nairobi Marathon 2026

Together, we run further

Race Day: Sunday, 25th October 2026

Venue: Uhuru Gardens

Race Route: Southern Bypass

Know your start times

⚠ Important: 30-Minute Start window

You must begin your race within 30 minutes of the official start time.

Below start times and start cut-off times will be strictly adhered to. Please arrive early, allow enough time for parking, security checks, luggage drop-off, warm up and assembly. Plan to be at the start area at least 30 minutes before your race start time. A sweep bus will be deployed from the start at 12:00 pm to pick up runners on the route at this time.

Race Category	Assembly time	Start time	30-min cut-off time
21KM Wheelchair Race	5:10 AM	5:30 AM	6:00 AM
42KM Full Marathon	5:35 AM	5:45 AM	6:15 AM
21KM Half Marathon	6:45 AM	7:05 AM	7:35 AM
10KM Road Race	8:40 AM	8:45 AM	9:15 AM
5KM Family Fun Run	9:40 AM	10:00 AM	10:30 AM

CEO Challenge

The CEO Challenge follows the registered race category start times:

42KM – 5:45 AM | 21KM – 7:05 AM | 10KM – 8:45 AM | 5KM – 10:00 AM

The same 30-minute start window applies.

Before you run

Arrive early

Road closures along the Southern Bypass will begin on Saturday, 24 October, before midnight to allow for event setup. You can access the venue via Langata Road which will remain open for all participants. Plan your journey early depending on your race start time and allow extra time to get to the venue.

Have your race number ready

- Wear your official race number on the front of your shirt/singlet at all times. Participants without the race numbers will not be allowed into the event.
- Complete your personal details on the race number.
- Your race number contains your timing chip – keep it safe and undamaged.
- Race numbers and timing chips are not transferable.

Kit & race number essentials

Make sure you have your complete race entry pack before race day and check your race number and category carefully.

Parking

Limited parking is available at Carnivore Grounds and Ulinzi Stadium. Our partner, Little Africa, will provide shuttle services between Ulinzi Stadium and the venue, and from the CBD to Uhuru Gardens. We recommend carpooling or using taxi-hailing services. Enjoy discounts with our partners Little Cab, Eden Cabs and PTG Cabs.

Do not park along Langata Road, the marathon route or any access roads to Uhuru Gardens. All vehicles are parked at the owner's risk.

Left luggage

Left-luggage facilities for all races will be located at Uhuru Gardens, accessible through the main entrance on Carnivore Road.

Keep valuables, including phones and money, with you. You must present your race number or official accreditation to collect your luggage.

On the course

Hydrate. Pace Yourself. Enjoy the run.

- Hydration points will be available along the route, courtesy of our partners Tetra Pak, ORS, Healthy U and Green Spoon.
- Hydrate regularly—do not wait until you feel thirsty.
- If you use gels or electrolytes, take them early. Our partners Healthy U and ORS will be on-site to support you.
- Run within your capabilities and maintain a controlled pace. For proper pacing, take time to study our marathon route profile.
- Always follow instructions from marshals, race officials and the Kenya Traffic Police.
- Unauthorised vehicles, motorbikes and bicycles are not permitted on the course.
- Pets are not permitted on the course.

Medical support

Medical and first-aid stations will be available along the route, with ambulances positioned strategically for emergencies. These services will be supported by our lead medical partners, AAR Healthcare and Aga Khan Hospital.

If you need medical assistance, contact a marshal, visit the nearest medical station, approach an official medical team member or call (insert toll-free number).

Runners must withdraw from the race immediately if instructed by an official medical team member.

Keep Nairobi clean

The Standard Chartered Nairobi Marathon is committed to a **single-use plastic-free race**.

Please help us keep Nairobi clean:

- Use the bins provided.
- Discard water bottles only in designated bins at the venue and **25–200 metres after each water station**.
- Do not litter along the route or in the marathon village.

Let's leave Nairobi cleaner than we found it.

Better than we found it

After the race

Finish the race strong

Follow finish-line instructions and collect your race amenities as directed. To minimise congestion at the finish line, a replica finish line will be available after the medal collection point, where you can take photos and celebrate your achievement.

Don't rush to leave.

Join us for the prize-giving ceremony as we celebrate our elite runners, engage with more than 50 sponsors and partners at their event stands, enjoy entertainment from our DJs and artistes, and sample refreshments provided by our sponsors.

Road closure

Roads will reopen at the discretion of Kenya Traffic Police. Once the roads reopen, the event is considered finished and normal traffic regulations apply.

Any runner still on the road after reopening is regarded as a pedestrian under Kenyan law.

Run safe. Run smart. Run with purpose.

Sunday, 25 October 2026

Uhuru Gardens | Southern Bypass

Now is your time.

Run for a greater purpose.

Standard Chartered Nairobi Marathon Secretariat: 020 329 3780

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Registration: registration@nairobi-marathon.com

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Emergency – AAR Healthcare: +254 725 225 225

Emergency toll free line ; 800720371 / 800720373



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